



Oskayak

“Nurture the Heart, Respect the Spirit,
Empower the Community”

Oskayak is a three-bed group care facility, which provides a supported environment primarily for sibling or familial groups. The Oskayak program will be focused providing intensive management plan to address the affect of trauma, grief and loss on specific familial groups that will be residing within the home.

Oskayak will have consistent and regular care givers as part of the staffing model in order to help create attachment and bonding within the familial group and staff and other supports within the Oskayak program.

Mission Statement Our purpose is to provide a safe, healing environment where youth can experience nurturing support, and a chance to be kids. The environment will assist to guide residents of Oskayak, and when possible, the extended family, through a critical period in their lives.

Above all, we respect the youth’s relationship with their family, culture and community.

Age of Youth: 12 - 17 years old

Schooling: Provided in conjunction with the regional school board and will be based on individual client needs

Community Links: Native Friendship Centre, Alberta Health Services Youth Counseling (alcohol and drug addictions) Red Deer Public School division, Red Deer Public Library, Red Deer Regional Hospital

Culture and Recreation : Community recreational outings, cultural outings

Reporting: Critical incidents within 24 hours, Monthly progress reports, Care plans updated quarterly

Therapy: Individual, Family (if needed) and Suicide Risk Assessment
Staff Training: Therapeutic Crisis Intervention (TCI), First Aid, Indigenous Teachings, Cultural Diversity, Suicide and Self-Harm Awareness (SafeTalk), Medication Administration

On-Call Support: 24 hour On Call Support

Efforts to Outcomes (E.T.O.): Outcome monitoring, Case planning, Goal creation and Attainment scaling

Family Involvement: Family Counselling, Family mediation, Involvement in Case planning, and Family Therapy

***Program Costs**

- Transportation 400km/month
- Program related recreation & travel
- Educational Costs and School Supplies
- Clothing

***Extra Billing for:**

- Any required 1 to 1 coverage
- Travel beyond 400km

** Note: Contractual Agreements may supercede these costs.*

- For per diem rates please call Central Referral at 403-505-3422

Solid Supports

- Individual Therapy
- Individual care plans for youth
- On-site therapist
- On-site in-house school with one teacher and one teacher aide
- Life skills training
- Recreational activities
- Access to an Indigenous Resource worker

