



### Oskayak

**“Nurture the Heart, Respect the Spirit, Empower the Community”**



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### Oskayak

Oskayak is a 6 bed complex needs group care home in the Deer Park subdivision of Red Deer, Alberta. Highlights include: Individual and Family therapy, Individual care plans for youth, on-site therapist, onsite in-house school with one teacher and one teacher's aide, life skills training, recreational activities, and access to Aboriginal Resource worker.

### **Mission Statement**

Our purpose is to provide a safe and nurturing environment. This environment will facilitate in guiding and directing Oskayak, and when possible, the extended family, through a critical period in their lives. We accomplish this by maintaining a professional team which is committed to the ideals of client-focused: treatment, education, structure, advocacy, and empowerment. Above all, we respect the youths' relationship with their family, culture and community.

**Client Profile** – 12-17 Years of Age, Emergency Receiving, Complex Needs.

**Schooling** – Onsite In house School.

**Community Links** - AADAC, School Division, Library, Metis Links, Mental Health, Native Friendship Centre.

**Recreation** – Community recreational outings, Cultural Outings.

**Therapy** – Individual, Family, Group, and Suicide Risk Assessments.

**Reporting** – Critical Incidents within 24 hours, Monthly Progress Reports, Care Plans Updated Quarterly.

**Staff Training** – PACE (Behavioural Management), ASIST (Suicide Intervention), Aboriginal Awareness, First Aid.

**On-call Support** – 24 hour On-call Support.

**Efforts to Outcomes** (E.T.O.) – Outcome Monitoring, Case Planning, Goal Creation and Attainment Scaling.

**Family Involvement** – Family Counselling, Family Mediation, Involvement in Case Planning, Family Therapy.

### **Program Costs\***

- Transportation 400 km/month
- Program Related Recreation & Travel
- Clothing
- Educational Costs
- School Supplies

### **Extra Billing for:**

- Any required one to one coverage
- Travel Beyond 400 km

**\* Note: Contractual Agreements may supersede these costs.**

*For per diem rates please call the Program Coordinator above, or Central Referral at 1-403-505-3422*

